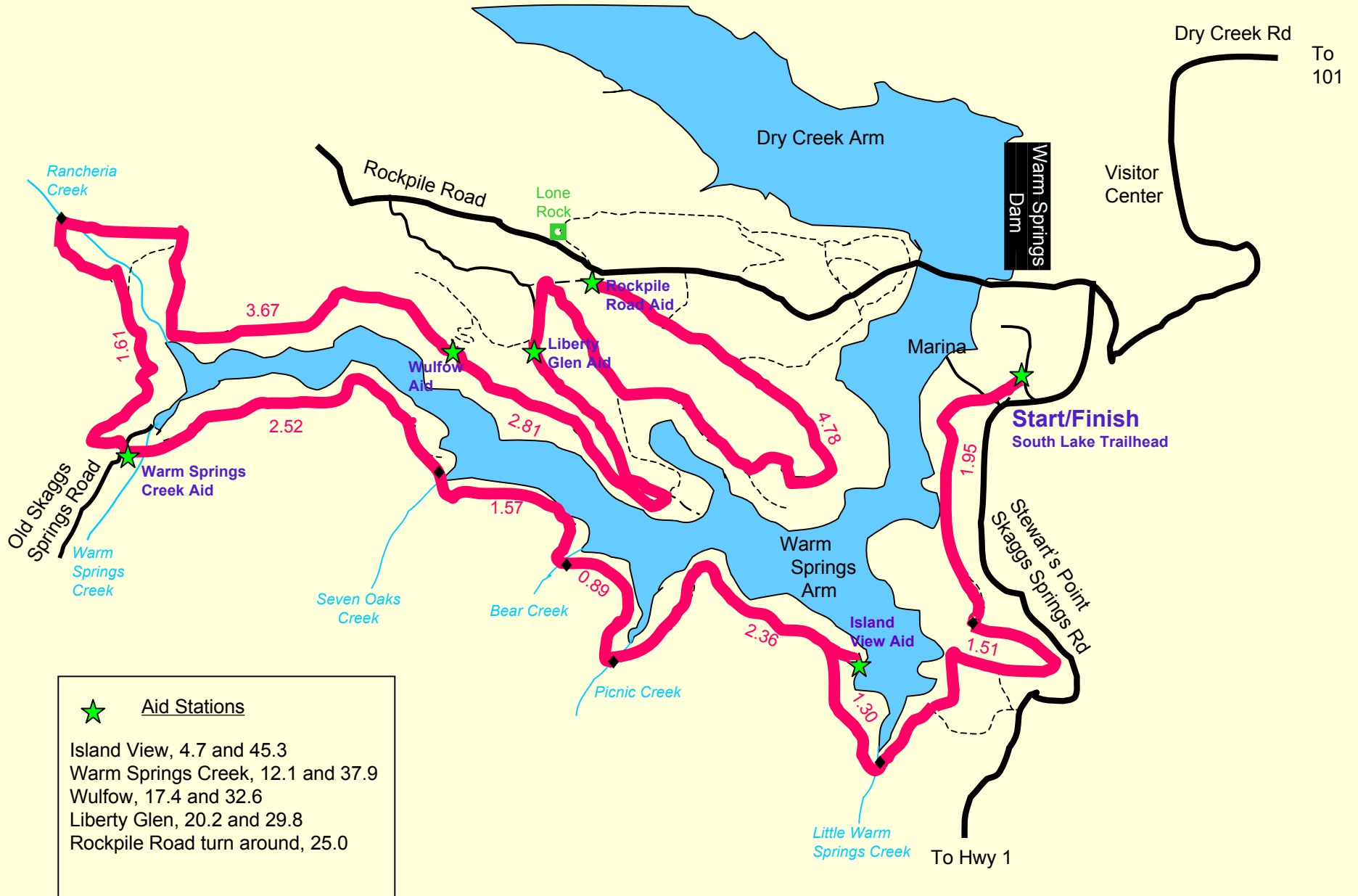


LAKE SONOMA 50



★	Aid Stations
	Island View, 4.7 and 45.3
	Warm Springs Creek, 12.1 and 37.9
	Wulfow, 17.4 and 32.6
	Liberty Glen, 20.2 and 29.8
	Rockpile Road turn around, 25.0