

September 1, 2011

Dear Dipsea Runner:

Mt. Tamalpais State Park needs our help in repairing and restoring the Dipsea Trail that parallels Muir Woods road. The trail portion to be repaired starts at the bottom of Hauke Hollow, paralleling Muir Woods road, and ending at the mail boxes above Suicide Hill. The trail was severely damaged and necessitated closure by a massive slide approximately 6 years ago.

Mt. Tamalpais State Park is in need of about 75 volunteers.

A volunteer work party has been scheduled:

**When:** Saturday, September 17, 2011, starting at 8:30 am to 1:00 pm.

**Where:** Meet at the fire road & Muir Woods Road at the top of Suicide Hill. (by the mail boxes)

**What to bring:** Work gloves, sunscreen, water & snacks and lots of enthusiasm. (Tools will be provided)

Please wear close-toed shoes and long pants, dress for variable weather.

Volunteers who are in High School are welcome but must be accompanied by a guardian or parent. Mt. Tamalpais State Park will require permission from guardian and parent – forms available at work site. Certification for volunteer hours will be provided.

Parking is virtually nonexistent at the work site. The nearest parking is the over-flow parking lot at Muir Woods or Mill Valley. Please allow ample time for parking and walking to the work site.

This volunteer opportunity is an excellent way for Dipsea Race participants to pay back to the mountain and its trail that we all use and love.

To pre-register for the event please email Carol Haber, Dipsea Volunteer Coordinator, at [Chaber4@verizon.net](mailto:Chaber4@verizon.net) . For additional information please leave us a message on (415) 331-3550 and someone will return your call.

Thank You for Volunteering!